

Mrs. Potato Head Counselor Introduction Lesson K-5

CCGP Competency: PS:A2.2: Develop healthy relationships that include trust respect, and caring. PS:B3.3 Identify and use appropriate resources.

ASCA Competency: PS:C1.6: Identify resource people in the school and community, and know how to seek their help.

Materials: Mrs. Potato Head toy (as adapted below), Mrs. PH coloring page, bag to hold parts.

Procedure: Have students choose various parts from bag and put in place. Talk about each part as it relates to the school counselor's job.

- Feet/Shoes: You will see your school counselor walk up and down the halls visiting classes and talking with teachers.
- Hands/arms: Your school counselor has helping hands and hugs whenever you feel down.
- Ears: Your school counselor is here to listen to your feelings/problems whenever you need her
- Mouth (with a paper X over it): Your school counselor does not repeat what you tell her unless you are being hurt or in danger
- Eyes: Your school counselor's job is to look out for her students and help see ways to help students.
- Paper book (taped to a hand): Your school counselor may read stories to you in class.
- Paper phone (taped to other hand): Your school counselor may talk with your parents or teachers on how to help you be the best that you can be.
- Bag: Your school counselor has a bag of tricks that can help you find new ways to try to make friends, help with bullies, do a great job in school.

Hand out coloring pages and encourage students to tell parents what they've learned. Encourage them to come see you any time.

Meet Your School Counselor!

Color Me!

Ears: Listen to you whenever you need someone to listen to your feelings/problems.

Eyes: Look out for students and see ways to help students!

Bag of tricks to help you find new skills.

Helping hands and arms for hugs!



Mouth: Speaks kind words, but never repeats what you say unless you are in danger or being hurt.

Feet: Walk to your class, the playground or lunchroom.

Your School Counselor can help you in all of these ways and many more! Tell your parents, grandparents, or teachers if you think you want to talk to me....or come see me in my office! I'm always happy to talk to you!

